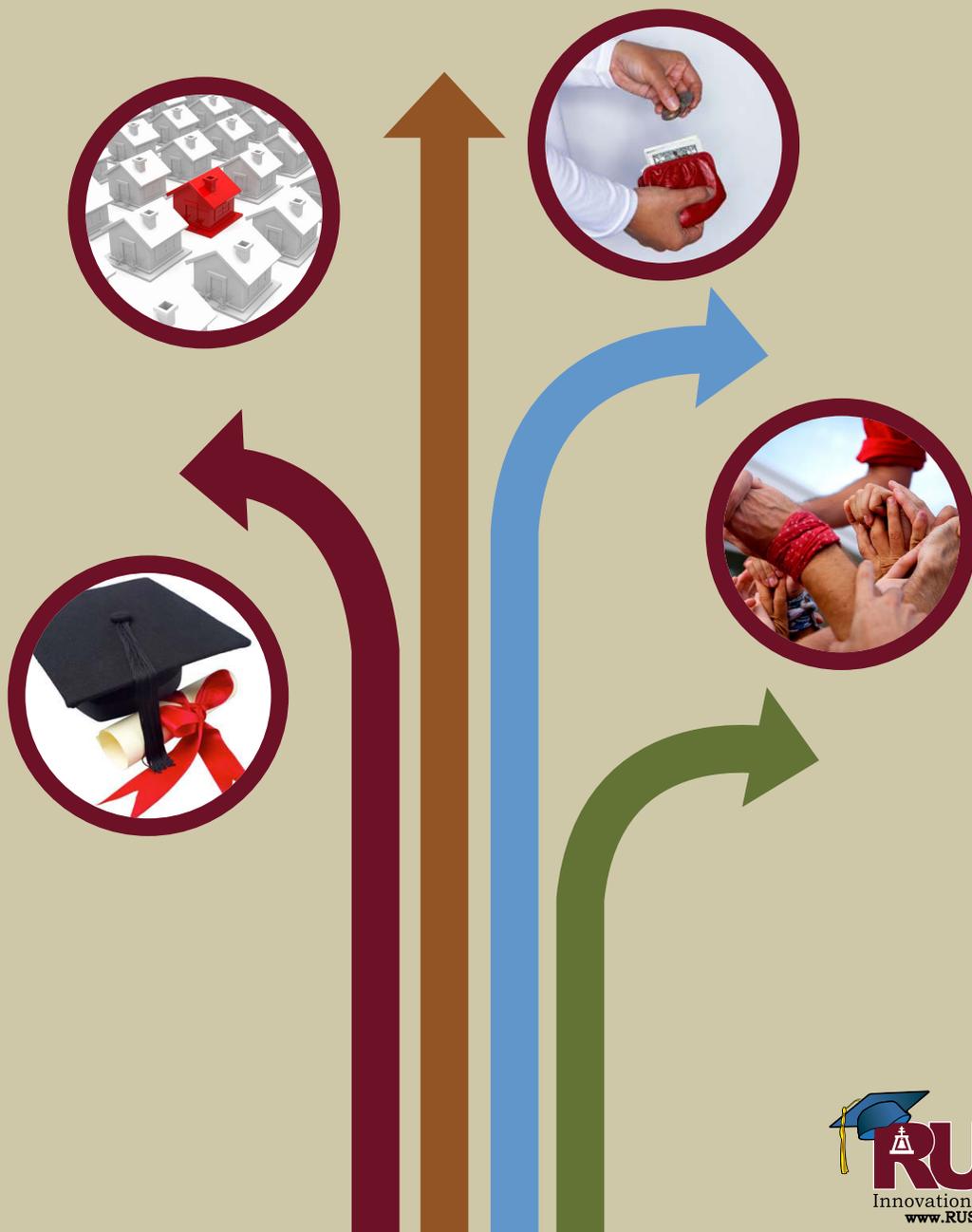


Beyond School

A Guide to Transition for Students with Moderate/Severe Disabilities and their Families



Riverside Unified School District

Beyond School

A Guide to Transition for Students with Moderate/Severe Disabilities and their Families

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Tedra Trimm, RUSD Transition Coordinator

March 2013



FORWARD

The purpose of this guide is to inform and support the families of the Riverside Unified School District (RUSD) who have young adults ready to leave the school district and take their place in the community. These adults will continue to need family encouragement and support along with service providers to assist them to continue learning, working and being active members of the community.

There are a multitude of services available in the Riverside community. This guide is a resource to help families identify those resources and help make the move from school to adult living as seamless as possible. This guide does not have all the services that are available in the area, but it is a launching point for families to realize that there is still much to be done for their children.

The Special Education staff hopes that students and families will find that this guide gives the information needed for students to make a successful transition from school to adult programs and services.

ACKNOWLEDGEMENTS

The Riverside Unified School would like to thank several people for the development of this guide. Chris LeRoy, Transition Manager, and Margie Lumbley, Parent Liaison, in the San Bernardino City Unified School District (SBCUSD) compiled the original information for their district and gave RUSD the opportunity to use their guide as the basis for development of one useful to the Riverside area.

In the original San Bernardino publication, the SBCUSD also acknowledged the Capital Region Board of Cooperative Educational Services, Special Education Division, Albany, New York, for providing foundational portions of their guide.

RUSD would like to acknowledge and thank the families of the Riverside Unified School District for giving us the opportunity to educate their children, and their commitment to their young adults so that they can have meaningful employment or community day options, living options of their choice, and relationships outside of the school setting.

DISCLAIMER

While the Riverside Unified School District strives to make the information in this guide as timely and accurate as possible, the District makes no claims, promises, or guarantees about the accuracy, completeness, or adequacy of the contents of this guide and expressly disclaims liability for errors and omissions in the contents of this guide.

Reference in this guide to any specific service, or the use of any trade, firm or corporation name is for the information and convenience of the public, and does not constitute endorsement, recommendation, or favoring by the District.

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TRANSITION PLANNING TIMELINE AND CHECKLIST

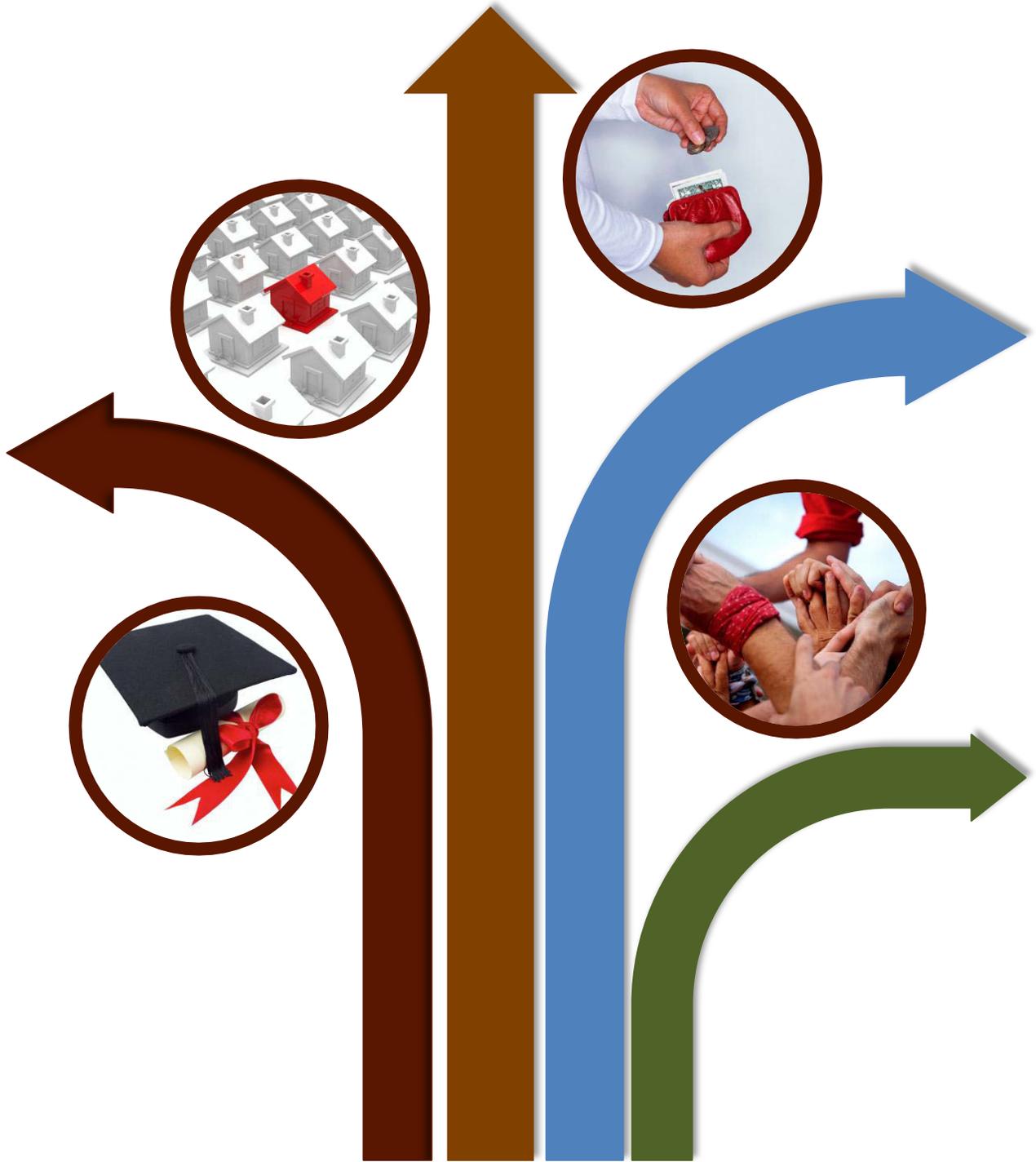
Once a student with a disability turns 22 and exits the special education program provided by the school district, the young adult is no longer entitled to support services provided under the IEP that the school developed.

Creating a clear path to follow after completing a school district program and moving towards independence is a challenge for all young people. Making the transition from school to the adult world of working and living in the community doesn't just happen. Important decisions need to be made, skills need to be acquired, and outside assistance may need to be identified. As in any major accomplishment, the pathway to success must start with a good plan. Students with significant disabilities will need assistance from families, teachers, and agencies in planning for a successful transition from school to work and community living.

The following is a series of events that may need to be considered during the student's transition from school to adult living. All items will not be applicable to all students. However, by using this planning tool, families can ensure that most of the components of the transition process are addressed.

Action	Suggested Age Range
_____ Discuss the following curriculum areas at IEP meetings: <ul style="list-style-type: none"> • Academic • Social and community awareness • Communication • Self-help • Self-advocacy 	Ongoing
_____ Develop and implement strategies to increase responsibility and independence at home	2-21
_____ Ask district what opportunities will be available for vocational and community experiences in the school setting	15-21
_____ Discuss transition services at each IEP	15-22
_____ Assure that copies of work-related documents are available: <ul style="list-style-type: none"> • Social Security Card • Birth Certificate • Working Papers (if appropriate) 	14-16
_____ Give school district consent so that the appropriate adult agency representative can be involved in the transition planning process	14-21
_____ Consider the possibility of summer employment/volunteer experiences	16-21

Action	Suggested Age Range
_____ Explore workshops/parent information sessions/open houses through local agencies	Ongoing
_____ Consider the need for residential services, including completing applications as appropriate	16-21
_____ Obtain CA ID card from the Department of Motor Vehicles	16
_____ Develop transportation/mobility strategies: <ul style="list-style-type: none"> • Independent Travel Skills Training • Public or Access Transportation • Need for a Travel Attendant 	16-21
_____ Investigate SSI/Medi-Cal Programs/In-Home Supportive Services	18
_____ Consider/seek legal conservatorship for adults who cannot give consent	18
_____ Develop and update employment plans	16-21
_____ Research post-school training/education programs	16-21
_____ Male students register for the draft (no exceptions)	18
_____ Register to vote knowing that voter registration may mean notice of jury duty	18
_____ Review health insurance coverage; inform insurance company of adult child's disability and investigate continued eligibility	18
_____ Keep copies of last IEP and last Psycho-educational Report	21-22
_____ Complete transition to employment, further education or training and community living, affirming arrangements are in place for the following: <ul style="list-style-type: none"> • Post-secondary/continuing education • Employment • Personal independence/residential placement • Recreation/leisure • Medical/health • Financial/income • Transportation/independent travel skills 	18-21
_____ Apply for post-school training/education programs	21-22



**Agency
Supports**

AGENCIES ASSISTING DISABLED ADULTS

The Access Clinic

The Access Clinic, a new primary care clinic for adults with chronic disabilities located in the Family Care Clinic at Riverside County Regional Medical Center in Moreno Valley, is now accepting Inland Empire Health Plan (IEHP) patients. A disabled adult must be:

- Covered by IEHP
- Chronically disabled due to a medical or psychiatric condition
- On Supplemental Security Income (SSI) or Supplemental Security Disability Insurance (SSDI)
- 18 years of age or older

Riverside County Regional Medical Center
26520 Cactus Avenue
Moreno Valley, CA 92555

www.rcmc.org
Phone: (951) 486-5573

California Department of Developmental Services

The California Department of Developmental Services is the agency through which the State of California provides services and supports to individuals with developmental disabilities. These disabilities include intellectual disabilities, cerebral palsy, epilepsy, and autism and related conditions. Services are provided through state-operated developmental centers and community facilities and contracts with 21 nonprofit Regional Centers. The Regional Centers serve as a local resource to help find and access the services available to individuals with developmental disabilities and their families.

1600 9th Street
P. O. Box 944202
Sacramento, CA 94244-2020

www.dds.ca.gov
Info: (916) 654-1690
TTY: (916) 654-2054

The Department of Rehabilitation (DOR)

The California Department of Rehabilitation (DOR) administers the largest vocational rehabilitation program in the country. DOR has a three-pronged mission to provide services and advocacy that assist people with disabilities to live independently, become employed, and have equality in the communities in which they live and work. DOR provides consultation, counseling and vocational rehabilitation, and works with community partners to assist eligible consumers. A vocational rehabilitation team works closely with job seekers to establish the best combination of services and resources necessary to prepare for, find and retain employment.

Riverside Branch
Inland Empire District (340-00)
3130 Chicago Avenue
Riverside, CA 92507-3445

www.rehab.cahwnet.gov
Voice: (951) 782-6650
TTY: (951) 682-0143
TTY: (951) 320-2061
TTY: (951) 782-4277
TTY: (951) 782-3296

Inland Regional Center

In February of 1972, Inland Regional Center (IRC) became the 13th of 21 regional centers in California to open its doors to contract with the California Department of Developmental Services. In following core values of *independence*, *empowerment* and *inclusion*, IRC hopes to provide a service system to identify and eliminate barriers for individuals with developmental disabilities and their families so that they can live typical lifestyles.

To qualify for these services of advocacy and assistance, a person must live within Riverside or San Bernardino counties and must be diagnosed with a developmental disability. The developmental disability must have originated before the age of 18 and be a disability that continues or is expected to continue indefinitely. It must be a substantially handicapping condition and include one of the following:

- Intellectually disability
- Cerebral palsy
- Autism
- Epilepsy
- Handicapping conditions requiring treatment similar to that for intellectually disabled individuals

The law states that a developmental disability shall not include conditions that are:

- Solely psychiatric disability
- Solely physical disability
- Solely learning disabilities

Once eligible, IRC assigns a Consumer Services Coordinator to assist the individual and the family. IRC funds day programming (which could include transportation) for adults with disabilities once they exit the school program at age 22. Individuals and families should work with the IRC Consumer Services Coordinator who will make the referral to an appropriate program.

1365 S. Waterman Avenue
San Bernardino, CA 92408



Inlandrc.org
Phone: (909) 890-3000

Riverside County Department of Public Social Services: In-Home Supportive Services (IHSS)

The goal of the In-Home Supportive Services (IHSS) program is to enable elderly and/or disabled persons to remain safely in independent living as long as possible. IHSS services may include assistance with domestic skills (grocery shopping, meal preparation, clean-up, laundry), personal care (dressing, bathing, grooming, toileting), transportation (medical appointments, shopping, pharmacy) and more. IHSS is considered an alternative to out-of-home care such as nursing homes or board and care facilities.

Disabled adults are eligible if they:

- Receive Supplemental Security Income (SSI) and Medi-Cal
- Are a U.S. Citizen or legal permanent resident
- Have California residency
- Live in a private residence
- Need help to remain safely at home

Applicants must apply by phone. A county social worker will visit the home, interview the individual and family and determine the need for services. The social worker will assess the types of services needed and the amount of time authorized for each service. Once eligibility is determined, the county can arrange for someone to provide the services or a family may hire its own service provider. This person could be a family member, friend or other person. A family may file an appeal if monthly hours granted do not appear adequate for the support and care necessary for the disabled person.

dps.co.riverside.ca.us

Phone: (888) 960-4477

Social Security and Supplemental Security Income (SSI)

The **Social Security** and **Supplemental Security Income Disability Programs** are the largest of several federal programs that provide assistance to people with disabilities. While these two programs are different in many ways, both are administered by the Social Security Administration and only individuals with disabilities who additionally meet specific medical criteria may qualify for benefits under either program.

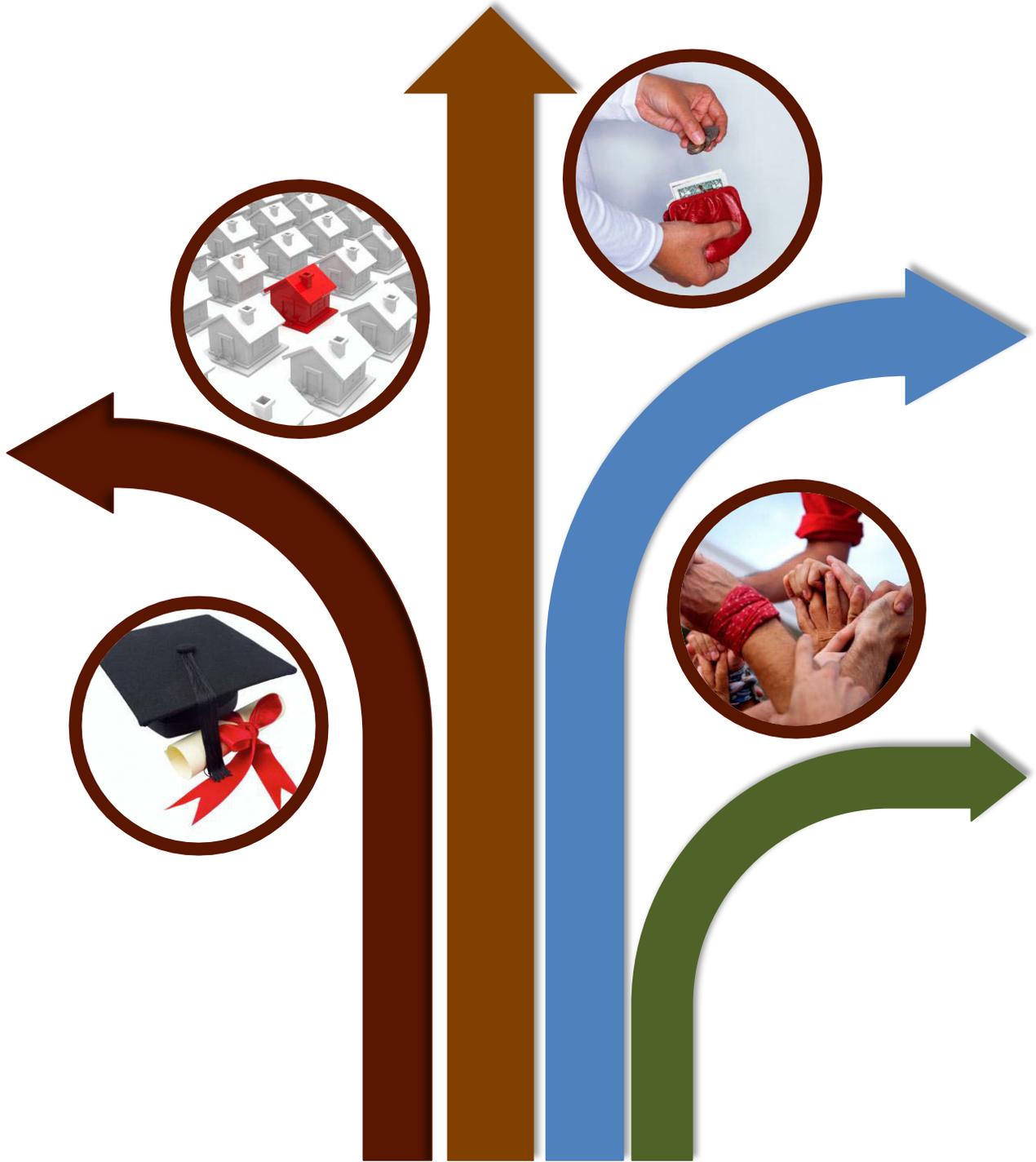
Supplemental Security Income (SSI) is a federal income supplement program funded by general tax revenues (*not* Social Security taxes). SSI pays benefits to disabled adults and children with limited income to provide for basic needs such as food, clothing and shelter. Prior to the age of 18, SSI pays benefits based on family financial need. From the age of 18, developmentally disabled adults qualify due to limited income.

Social Security Disability Insurance (SSDI) may pay benefits to a disabled adult prior to the age of 22 if a parent is deceased and was insured, meaning that the parent worked longer than a specified length of time and paid Social Security taxes during that time. This is considered a “child’s” income because it is paid on a parent’s Social Security earnings record.

To apply for SSI disability benefits for an adult, an application for Social Security Benefits and an Adult Disability Report must be filed. The report collects information about the disabling condition and how it affects the ability to work. An application may be completed by telephone or in person at a local Social Security office (applications are not available online).

7580 Mission Grove Parkway, S
Riverside, CA 92508

www.ssa.gov
Phone: (800) 772-1213
TTY: (800) 325-0778



Adult Programs

ADULT PROGRAMS

Work Defined

Finding employment is a common goal for most young adults. It is important for students to get as much work and community experience as possible while still in school. Students and families should conference with the school team to find out what is offered through the district. The Riverside Unified School District provides vocational experiences for its students with disabilities through a WorkAbility 1 grant from the California Department of Education, Special Education Division.

Individuals with significant disabilities who have support from the Inland Regional Center are eligible for adult services from programs that are vendored by the Regional Center after students exit the school program. Below is a description of the types of employment available. Disabled adults who are unable to work independently or with minimal support would be eligible for day activity programs.

Competitive Employment

In the labor market, competitive employment is unsubsidized employment that is performed on a full-time or part-time basis in an integrated setting comparable to that of others performing similar work; and/or employment where an individual is compensated at or above the minimum wage, but not less than the customary wage and level of benefits paid by the employer for the same or similar work performed by employees who are not disabled.

Supported Employment

Supported Employment services through the Department of Rehabilitation (DOR) can be provided through the Vocational Rehabilitation Program. Supported Employment services are aimed at finding competitive work in a community integrated work setting for persons with significant disabilities who need temporary support services to learn and perform the work. Supported Employment placements can be individual placements, group placements (called enclaves), and work crews, such as landscaping crews. Support is usually provided by a job coach who meets regularly with the individual on the job to help him or her learn the necessary skills and behaviors to work independently. As the individual gains mastery of the job, the support services are gradually phased out.

If Supported Employment services are recommended, the Regional Center representative can assist with the referral to the DOR. The nearest DOR office location is listed on page 7 of this guide.

For individuals who cannot work due to limitations resulting from physical, medical or behavioral issues, there are many community and center based day activity programs available.

PROGRAMS DEFINED

Work Activity Programs/Sheltered Workshops

Work Activity Program (WAP) services through the Inland Regional Center or referral to the Department of Rehabilitation (DOR) through the Regional Center include paid work, work adjustment and supportive habilitation (ongoing) services in a sheltered workshop setting. WAPs or Sheltered Workshops provide paid work in accordance with Federal and State Fair Labor Standards. Work adjustment services may include developing good work safety practices, money management skills, and appropriate work habits. Supportive habilitation services may include social skills and community resource training as long as the services are necessary to achieve vocational objectives.

If a family feels that the adult attending a work program needs individual support beyond what is provided in the program, a discussion with the Regional Center needs to take place. Families need to remember that in meeting with representatives from the agency, the client has a right to have a “decision maker” at the meeting.

Adult Day Programs (*Including Behavior Modification Programs*)

Adult Day Programs or Adult Development Centers (ADC) are sited-based or community-based programs (or a combination of both) for individuals served by the Inland Regional Center who may not be able to work with support. They are available when those services are included in that person's Individual Program Plan (IPP). Day program services may be at a fixed location or in the community.

Adult Day Programs vary in program emphasis, which could include assisting the individual in:

- Developing and maintaining self-help and self-care skills
- Developing the ability to interact with others, making one's needs known and responding to instructions
- Developing self-advocacy and employment skills
- Developing community integration skills such as accessing community services
- Developing behavior management skills
- Developing social and recreational skills

There are many different types of day programs that provide a diverse range of opportunities for persons with developmental disabilities. Placement in these programs requires a referral through the Regional Center. Normally the referral process takes at least thirty (30) days, so advance planning is necessary when students are close to exiting the school program. In addition, investigating and visiting agencies before accepting any service is essential.

If a family feels that the adult attending a day program needs individual support beyond what is provided in the program, a discussion with the Regional Center needs to take place. Families need to remember that in meeting with agency representatives, the client has a right to have a “decision maker” at the meeting.

ADULT PROGRAMS (RIVERSIDE & SURROUNDING AREAS)

Ability Counts

Ability Counts is a community non-profit, public benefit corporation established to provide meaningful employment and job training for individuals with developmental disabilities. Ability Counts was organized by a number of concerned educators and employers who saw a need for a community work place for adults with developmental disabilities that would emphasize meaningful work, high production and quality employment training. Ability Counts values work and social development through recreation and as a result, serves as a meeting place and organizational hub for several Special Olympics sports activities.

The Ability Counts Work Activity Centers continue to have work in the area of recycling hangers for large department store chains. More than 49,000 hangers are processed each day with over 200 employees working. The organization holds a landscape contractor license and has contracts to provide landscape services to La Sierra University and March Air Force Base. Consumers are also employed at local restaurants, manufacturing plants, and warehouses.

www.abilitycounts.org

3810 Garner Road
Riverside, CA 92501
Phone: (951) 213-3600

775 Trademark Circle
Corona, CA 92879
Phone: (951) 734-6595

The Arc of Riverside County

The Arc of Riverside County operates two work centers and four resource centers in Riverside County with the corporate office located at the Riverside Advanced Enterprises site in Riverside.

www.ArcRiverside.org

Advanced Enterprises
8138 Mar Vista Court
Riverside, CA 92504

Phone: (951) 688-5141

In the spring of 2012 ARC changed the design of the Riverside site to allow participants to take part in expanded training and other opportunities including jobs and projects in the community. Participants must have a developmental disability and be at least 22 years of age. In addition, participants should not have behavioral issues which would prohibit program success for the individual; require minimum assistance with self-help skills; be able to follow simple directions; and have expressed interest in vocational training, job exploration, community services and potential job placement. Curriculum and activities are conducted in natural community settings and within the center-based location.

The program can accommodate 150 individuals with a staff-participant ratio of 1:6. Hours of operation are from 7:30 a.m. to 2:45 p.m. Monday through Friday. Attendees receive one 15-minute break in the morning and in the afternoon and a one-hour lunch break and must have the independent skills to manage time during these breaks.

The Arc of Riverside County *(continued)*

Brockton Resource Center (BRC)

6900 Brockton Avenue, Suite 7
Riverside, CA 92506

Phone: (951) 367-0856

The goal of the Brockton Resource Center (BRC) is to provide long-term services to adults with developmental disabilities. The services are for those who are in need of full-time programming to ensure the development and maintenance of functional skills required for self-advocacy, community integration, employment and self-care. The BRC caters to adults with severe to profound developmental disabilities. The individual's needs are of the highest priority. With a low consumer-to-staff ratio, proper one-on-one instruction is ensured. Training is offered in the following areas:

- Self-help skills
- Activities of daily living
- Vocational skills
- Community awareness
- Social interaction skills

The BRC is one of two Adult Development Centers in the Inland Empire that is **licensed for all the restrictive medical conditions** that have traditionally prevented adults with severe to profound developmental disabilities from participating in adult day services. Due to the nature of this program, The Arc employs a full-time Licensed Vocational Nurse (LVN) to provide nursing care services to the individuals served. The LVN also oversees the training of direct care staff.

Moreno Valley Resource Center

12100 Heacock Street, Suite 5
Moreno Valley, CA

Phone: (951) 247-6077

Ray Strebe Resource Center

702 E. 11th Street
Beaumont, CA 92557

Phone: (951) 845-3385

Riverside Resource Center

5105 Jurupa Avenue
Riverside, CA 92504

Phone: (951) 788-0747

Arc San Bernardino

796 E. 6th Street
San Bernardino, CA 92410

Phone: (909) 884-6484

Adult Basic Learning Environment (ABLE)

ABLE
515 New Jersey Street, Suite D
Redlands, CA 92373-6249

Phone: (909) 335-3022

BOT (Basic Occupational Training)

The Basic Occupational Training Center (BOT) is a behavior management day program that assists people with developmental disabilities or mental illness improve the way they interact and work with others. BOT is a person-centered program that provides support, supervision and personal advancement in regards to behaviors. The program accepts consumers whose behaviors have broad ranges of seriousness such as physical aggression, self-abuse, property destruction, elopement, inappropriate sexual behavior and oppositional defiance disorder. BOT accepts consumers from ages 18 to 75 years old.

The mission of BOT is to help consumers improve behaviors through skills acquisition and emotional growth. BOT offers center-based (structured school-type classrooms) as well as community-based (volunteerism and supported employment) programming. BOT maintains a ratio of one full-time direct care staff for every three consumers. The program employs a full-time behavior specialist as well as specialized behavior consultants.

botbmod.com

1044 E. La Cadena Drive
Riverside, CA 92507

Phone: (951) 788-2349

1121 Bradford Circle
Corona, CA 92882

Phone: (951) 268-3185

1323 Jet Way
Perris, CA 92571

Phone: (951) 657-8028

1215 S. Buena Vista, Suite G
San Jacinto, CA 92583

Phone: (951) 487-2725

Employment and Community Options

Employment and Community Options is non-profit organization that educates and empowers adults with developmental disabilities with the skills and knowledge necessary to achieve their personal goals and optimum potential in life. The organization's goal is to secure work for disabled adults with businesses that need reliable workers. The program is a community-based work model that assists adults with disabilities and low income seniors in:

- Finding and retaining employment
- Meeting personally established goals enabling individuals to live, work, and play more independently in their community
- Learning the local transportation system

2601 Del Rosa Avenue
San Bernardino, CA 92404

www.communityoptions.org

Phone: (909) 475-9503

Cole Vocational Services

Founded in 1980, The MENTOR Network is a national network of local health and human services providers offering an array of quality, community-based services to adults with intellectual and developmental disabilities. The individuals and families supported by The MENTOR Network have a variety of needs, all of which are met within the communities where they live, work and play. People who have developmental disabilities are offered programs that range in intensity and setting according to their needs and desires – from highly supervised residential programs to job coaching and supported living.

With locations throughout California, **Cole Vocational Services, First Step Independent Living, and Unlimited Quest** provide day habilitation and employment services to adults with developmental disabilities in both center-based and community-based programs in the Inland Empire.

www.thementor network.com

Cole Vocational Services #1

Individuals participating in this community-based program spend the entire day in the community. Community destinations are determined by the participant's Individual Service Plan (ISP) goals. Consumers are picked up in the morning at home and returned home in the afternoon for this 6-hour program.

11651 Sterling Avenue
Riverside, CA 92503

Phone: (951) 688-2039

Cole Vocational Services #2

This program offers an on-site and community-based day activity program allowing consumers to choose a level of daily site or community involvement. Individuals who choose to remain on site may participate in various activities in room environments matching the varied activities (arts and crafts, computers, exercise, relaxation, games, music and others). Individuals must participate in community activities a minimum of two days a week and may go into the community more often if desired.

7203 Arlington Avenue
Riverside, CA 92503

Phone: (951) 785-4373

Cole Vocational Services #3

Individuals participating in this community-based program spend the entire day in the community. Community destinations are determined by the participant's Individual Service Plan (ISP) goals. Consumers are picked up in the morning at home and returned home in the afternoon for this 6-hour program.

11651 Sterling Avenue
Riverside, CA 92503

Phone: (951) 359-0458

First Step Independent Living Program, Inc.

Day Activity Program

90 W. Grand Boulevard, Suite 107
Corona, CA 91720

Phone: (951) 371-5593

2145 E. Highland Avenue
San Bernardino, CA 92404

Phone: (909) 864-6792

Cole Vocational Services *(continued)*

Unlimited Quest (Day Activity Program)

Unlimited Quest is similar to #2 above and offers an on-site and community-based day activity program allowing consumers to choose levels of daily site or community involvement. Individuals who choose to remain on site may participate in various activities in room environments matching the varied activities (arts and crafts, computers, exercise, relaxation, games, music and others). Individuals must participate in community activities a minimum of two days a week and may go into the community more often if desired.

9758 Magnolia Avenue, Suites G-I
Riverside, CA 92503
Phone: (951) 689-8026

23900 Alessandro Boulevard, Suite A
Moreno Valley, CA 92553
Phone: (951) 653-0054

Easter Seals Southern California Adult Services

Easter Seals Adult Day Services offer individuals ages 18-58 the opportunity to become active members of the community. Individuals learn work-related skills by engaging in regularly scheduled volunteer work, community service projects and other ventures with a 1:3 staff-client ratio. Participants volunteer at least 3 hours daily in the community at non-profit organizations in areas of performing light janitorial work, gardening, warehouse work, and packaging. Participants also package snack and personal items for local shelters. Hours are 9:00 a.m. to 2:30 p.m.; individuals begin and end their day at the site.

The Easter Seals organization also offers the following support options for disabled adults:

- Coordinated life services
- Employment services
- Independent living services
- Individual living support and individualized services

1737 Atlanta Avenue Unit #9
Riverside, CA 92507

www.southernca.easterseals.com
Phone: (951) 248-4873

EXCEED

EXCEED, a division of Valley Resource Center, offers both Supported Employment in the community (Moreno Valley) and an on-site manufacturing center (Perris).

www.weexceed.org

Headquarters, Supported Employment
7893 Mission Grove Parkway South, Suite C
Riverside, CA

Phone: (951) 780-8444

Work Activity & Adult Development
2050 Trumble Road, P.O. Box 1773
Perris, CA 92572

Phone: (951) 657-0609

Headquarters, Work Activity & Adult Development
1285 N. Santa Fe
Hemet, CA 92543

Phone: (951) 766-8659

Goodwill Industries, International, Incorporated

The *mission* of Goodwill is to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work. In its *vision* Goodwill believes that every person has the opportunity to achieve his or her fullest potential and participate in and contribute to all aspects of life. International *values* include *Respect, Stewardship, Ethics, Learning, and Innovation*. Goodwill employs adults with disabilities. The Regional Center can assist in work placement in a Goodwill program such as a thrift store. For work opportunities in the Riverside location individuals must be referred through the San Bernardino office.

www.goodwillsocal.org

Riverside Retail Store

6086 Magnolia Avenue
Riverside, CA 92506

Phone: (951) 684-1160

Waterman Retail Store Job Services & Donation Center (Sheltered Employment)

444 S. Waterman Avenue
San Bernardino, CA 92408

Phone: (909) 890-3542

Independent Options, Inc.

Independent Options operates site-based day programs with an emphasis on behavior management in addition to managing several residential facilities. The day programs are located in three southern California counties (Riverside, LA, and San Diego). These programs are designed to teach a curriculum with emphasis on social skills and integration into a supported work environment. The programs are licensed as Adult Day Programs and each serves approximately thirty adults.

Advanced Options is an adult day program located in Riverside. Program components include Sensory Based Activities (body awareness and relaxation); Style and Grooming (grooming and hygiene training); Art Expression (structured art activities such as painting, collage work, clay and other crafts); Vocational Skills Training (sorting, filing and packaging in volunteer settings); Health and Fitness (exercise and healthy life choices); Recycling Workshop (sorting and preparing recyclables); Communication (expressive and receptive communication); Cooking (simple recipes, nutrition and table manners); Music and Movement (playing instruments and music appreciation); and Photo Shop (using cameras to take pictures to create various projects). Participants may also participate in volunteer activities such as delivering meals to seniors in the community.

Advanced Options Day Program

2060 Chicago Avenue, Suite A5
Riverside, CA, 92507

www.independentoptions.org

Phone: (951) 222-2074

Moving Forward

Moving Forward Adult Development Center is a community care licensed adult day care facility that is vendored through Inland Regional Center. Moving Forward provides services to adults with disabilities who are 21 and older. The program capacity is 30 consumers. Program hours are from 7:30 AM to 2:30 PM.

Moving Forward's purpose is to provide adults who have developmental disabilities with patterns and conditions of everyday life that are as similar as possible to those of mainstream society. Moving Forward believes in an individualized approach with actual instruction in the community. The fundamental philosophy of the program is to support adults who have developmental disabilities in practical life situations that occur every day by participating in their local community.

The components of the program include: physical fitness training (sports and fitness activities, health and nutrition awareness, including participation at local gyms such as LA Fitness); vocational training (task completion, job training, work habits and behavior); community integration (social behavior, vocational training and physical fitness); and critical skills training (personal hygiene, home maintenance).

3381 Chicago Avenue
Riverside, CA 92507

Phone: (951) 779-6326

On the Move

The On the Move program purpose and components resemble those of "Moving Forward" (above). Program capacity is 30 consumers with program hours of 7:30 AM to 2:30 PM.

3351 Chicago Avenue
Riverside, CA 92507

Phone: (951) 779-9665

Riverside Adult School – Life School

The Riverside Adult School offers a "Life School" program for adults with disabilities. Most RUSD students move on to programs funded by Regional Center, but Life School is a good option for students who do not have eligibility to work in the United States. Students work on academic packets, computer programs and participate in crafts. They also participate in Special Olympics. Program capacity is approximately 30 students. Individuals must be independent in regards to self-care.

6735 Magnolia Avenue
Riverside, CA 92506

Phone: (951) 788-1380

Social Vocational Services (SVS)

Social Vocational Services (SVS) offers three programs:

Behavior Management Program (BMP)

A behavior consultant works with clients weekly. On site there are various rooms with themes such as – library, kitchen, computer, movie, arts and crafts, scrapbook, community, beauty and hygiene. Groups go on community outings two or three times a week. Clients may have paid work for one hour a week.

Adult Daily Community (ADC)

Clients are in the community all day at various community locations such as malls, libraries, movie theaters, museums, and batting cages. Some clients work at a local restaurant and are paid for daily part-time work.

Supportive Employment Program (SEP)

Qualified workers can work five to eight hours a day. Currently consumers wash and vacuum cars at a car dealership 7 hours daily; other clients may work in a cafeteria or restaurant setting.

1220 Palmyrita Avenue
Riverside, CA 92507

www.socialvocationalservices.org
Phone: (951) 222-7088

TEAM Incorporated

TEAM is an Adult Development Program that provides services to disabled adults ages 18 and older. Community counselors and healthcare professionals provide a structured, challenging and active day for participants with emphasis on:

- physical fitness and nutrition
- critical life skills training
- computer and office training
- community-based vocational training (retailers)
- on-site vocational training

Participants have the option of going into the community daily or participating in on-site programs involving art, music, mathematics, vocational skill development and other activities of individual interest. Participants have an opportunity to develop vocational skills, which in turn could allow the individual to transition to a work-based program. The program has an 88-client limit. Facility hours are 8:00 a.m. to 4:00 p.m.; program hours are 8:00 a.m. to 2:00 p.m.

4076 Flat Rock Drive
Riverside, CA 92505

Phone: (951) 688-8593

Vocational Improvement Program (VIP)

Work Activity Program

VIP's Work Activity Program provides valuable experience through a variety of in-house contract work and trial community placements. Each client's skill level and interests are evaluated and used to develop appropriate individualized employment services.

Supported Employment Program

The Supported Employment Program offers assistance in gaining and maintaining community employment with the assistance of a Job Developer and a Job Coach. Individual and group placements are located throughout VIP's service areas.

1310 Riverview Drive
San Bernardino, CA 92408-2944

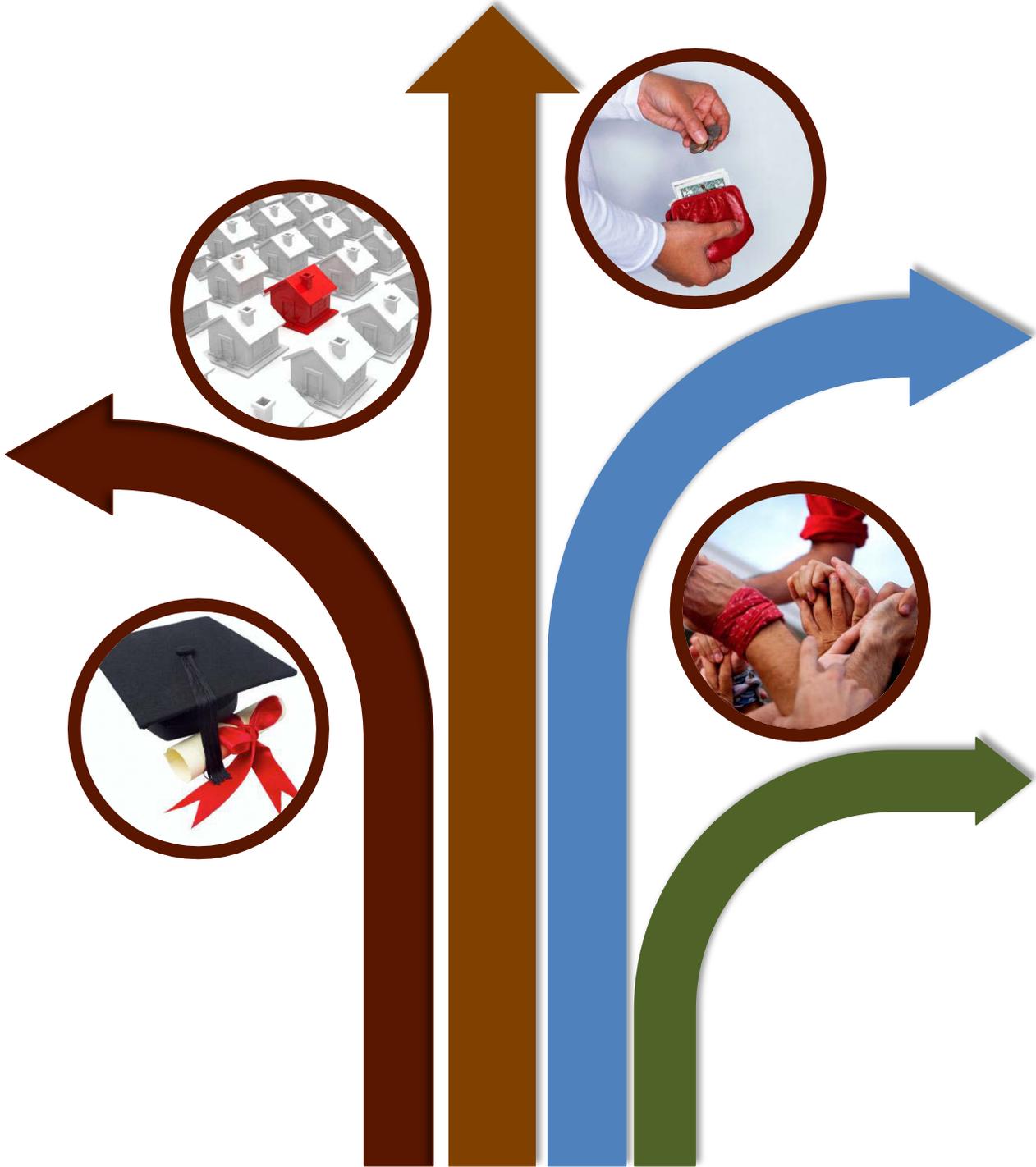
www.vipsolutions.com
Phone: (909) 478-7537

Westview

Westview began as an adult center for people with disabilities, and has grown into one of the largest not-for-profit organizations of its kind. More than 500 employees serve about 2000 clients in 30 programs. Westview Services offers a full range of programs to meet the needs of individuals with disabilities.

Westview Inland Region
11728 Magnolia Avenue, Suite A
Riverside, CA 92503

www.westviewservices.org
Phone: (951) 343-2356



Residential Options

MOVING OUT

It is the hope of every parent to rear children who can as adults move out of the family home and live independently. Parents of disabled children can share this goal. Given that a residential home is located near the family, a disabled adult child can come to family dinners and activities, travel with their family on vacation, and join in other family activities that non-disabled adult children in that family might typically participate in. Group homes and residential facilities for disabled adults provide the varying levels of independence and supervision needed for an individual with disabilities to live away from the family home. Most placements are facilitated by the Regional Center. Upon placement in a residential facility, a disabled individual's SSI goes toward the cost of the residential placement.

Disability in Housing

Federal laws define a person with a disability as "any person who has a physical or mental impairment that substantially limits one or more major life activities; has a record of such impairment; or is regarded as having such impairment." It is unlawful for a housing provider to refuse to rent or sell to a person simply because of a disability. A housing provider may not impose different application or qualification criteria, rental fees or sales prices, and rental or sales terms or conditions than those required of or provided to persons who are not disabled.

RESIDENTIAL OPTIONS

Residential Living

In 1977, the Lanterman Developmental Disabilities Act established the right of Californians with developmental and physical disabilities to receive treatment and live in "the least restrictive environment". This means that, instead of being institutionalized, persons with special needs are entitled to live in normal residential surroundings where they can experience maximum independence and participate in community life while receiving services and care.

There are over 15,000 licensed residential care facilities throughout the state. Several types of facilities provide services to diverse populations. Many residential care facilities are designed for individuals who require 24-hour supervision but who do not generally need medical care beyond routine health checks and medication monitoring. For individuals who require specialized equipment and other medical support, those facilities are also available.

The California Department of Social Services, Community Care Licensing Division, issues licenses for residential facilities which provide 24-hour non-medical care for children, adults with disabilities and the elderly. There are several categories of these residences:

- 1) *Foster Family Homes (FFH)* provide 24-hour care and supervision in a family setting in the licensee's family residence for no more than six children.
- 2) *Group Homes (GH)* provide 24-hour non-medical care and supervision to children in a structured environment. Some of these children have serious developmental or emotional disabilities.
- 3) *Small Family Homes (SFH)* provide 24-hour care in the licensee's family residence for six or fewer children who are mentally disordered, developmentally disabled or physically handicapped and who require special care and supervision as a result of such disabilities.
- 4) *Adult Day Programs (ADP)* provide care to persons 18 years of age or older in need of personal services, supervision, or assistance essential for sustaining the activities of daily living or for the protection of these individuals on less than a 24-hour basis.

Residential Living (*continued*)

- 5) *Adult Residential Facilities (ARF)* provide care for adults age 18-59, who are unable to provide for their own daily needs. Some refer to these homes as “board and care” homes. These homes provide 24-hour non-medical care for adults ages 18 through 59, who are unable to provide for their own daily needs. Adults may be physically handicapped, developmentally disabled, and/or mentally disabled. These facilities generally provide a room (which may be shared), meals and supervision. Included may be dietary and housekeeping services, monitoring of medication, social and recreational opportunities, and assistance with toileting, bathing, grooming, dressing, mobility and other activities of daily living.*
- 6) *Social Rehabilitation Facilities* provide care in a group setting to adults recovering from mental illnesses who temporarily need assistance, guidance, or counseling.
- 7) *Residential Care Facilities for the Elderly (RCFE)* provide non-medical care to persons 60 years of age and over but also persons under 60 with compatible needs.
- 8) *Residential Care Facilities for the Chronically Ill* serve adults who have Acquired Immune Deficiency Syndrome (AIDS) or the Human Immunodeficiency Virus (HIV).

The State Department of Health Services (DHS) Licensing and Certification Division licenses four types of community-based residential health facilities. The following facilities provide skilled nursing care on a continuous and/or intermittent basis:

- 1) *Congregate Living Health Facilities* are small facilities that provide care to individuals who are severely physically or developmentally disabled, or terminally ill.*
- 2) *Intermediate Care Facilities for the Developmentally Disabled* provide personal care, training, and supportive services to adults and children in large facilities.*
- 3) *Intermediate Care Facilities for the Developmentally Disabled (Habilitative)* - serve the same population as in 2) above in smaller facilities.*
- 4) *Intermediate Care Facilities for the Developmentally Disabled (Nursing)* - serve medically fragile adults and children in both small and large facilities. Medically fragile individuals who are medically stable but have conditions (such as a feeding tube) that require special care, supplies, or equipment are also served in this type of facility.*

*Homes that would be appropriate for adults with developmental disabilities. Regional Center would assist with referral and placement in the above residential living programs.

Supported Living

If an individual can live independently without 24-hour supervision, semi-independent or supported living may be an option. Programs may provide housing in small homes, apartments, or agency owned complexes, which may be staffed to provide functional life skills training and on-site supportive services. Residents should have basic self-help skills or take responsibility for employing assistants to help meet personal needs. Individuals should be able to participate in activities of daily living independently (shopping, meal preparation, laundry tasks) and have skills to independently follow a daily routine, which would include getting ready for and traveling to work and traveling independently to community locations for shopping and recreational activities. Often included in this type of program may be short-term transitional programs for people preparing for independent living.

A supported living agency may help the individual hire and supervise an attendant, develop a budget and pay bills on time, assist with shopping and cooking, schedule medical appointments and assist in getting to appointments, and assist with other similar activities of daily living. Regional Center can assist with a referral to this type of living situation.

Independent Living

In 1972, the first **Center for Independent Living** was founded by disability activists, led by Ed Roberts, in Berkeley, California. These Centers were created to offer peer support and role modeling, and are run and managed by persons with disabilities. According to the independent living approach, the example of a peer, somebody who has been in a similar situation, can be more powerful than a non-disabled professional's interventions in analyzing one's situation, in assuming responsibility for one's life, and in developing coping strategies. There are 29 Centers for independent Living in California. These centers can provide phone numbers and addresses for affordable apartment complexes in the area; they can assist in completing rental applications, and they can help identify residences that are accessible.

There is a fundamental set of services found in all of the 29 California centers, but there is some variation in the programs that are offered, the funding sources, and the staffing, among other things. Depending on the public services in the community, centers might assist with housing referral and adaptation, personal assistance referral, or legal aid. Typically, centers work with local and regional governments to improve infrastructure, raise awareness about disability issues, and lobby for legislation that promotes equal opportunities and prohibits discrimination. In Riverside County the Independent Living Center is:

Community Access Center (CAC)
6848 Magnolia Avenue, Suite 150
Riverside, CA 92506

www.ilcac.org
Phone: (951) 274-0358
TTY: (951) 274-0834

Housing Choice/Section 8 Vouchers

This federal government program is designed to assist people with very low incomes to get housing. Often called Section 8 "vouchers", these vouchers assist a disabled person pay the rent for an apartment. A participant is free to choose any housing that meets the requirements of the program. With a voucher, a disabled person pays a portion of the rent, and the government pays the remainder of the rent directly to the landlord. Unfortunately, there are not nearly as many Housing Choice vouchers as there are people who need them, so it may be difficult to get a voucher. If interested, individuals should contact the local Public Housing Agency/Authority regarding the application process. An individual may need to be put on a waiting list. If there is a waiting list in the home area, options may be open in another city or county.

The Housing Authority of the County of Riverside
5555 Arlington Avenue
Riverside, CA 92504

www.hud.gov/offices/pih/pha/contacts/
Phone: (951) 351-0700
Phone: (800) 655-4228

An Introduction to Independent Living (Guide)
www.tknlyouth.org/worksheets/Independent_living.pdf

FOR INDIVIDUALS WHO CHOOSE TO LIVE AT HOME

In-home respite is provided by a certified companion who comes into the home to spend time with an individual with a disability. This companion may provide any needed assistance while the regular caregiver is unavailable. Families often choose in-home respite when they need to be away from home for a period of time when a person with a disability is in residence. Regional Center funds this service.

Out-of-home or community respite is another option families choose if caregiver time away is going to be lengthy. The individual with the disability may stay in a community residence or other facility with other individuals with disabilities and round-the-clock professional staffing.

In-Home Supportive Services (IHSS) provides personal care and domestic services to persons who are aged, blind or disabled and who live in their own homes. IHSS is provided to those who otherwise might be placed in an out-of-home care facility. See page 9.

QUESTIONS TO CONSIDER WHEN MOVING OUT

Who else lives in the residential home?

- What is the age range of people living there?
- What is the functional level of people living there?
- Will the person have a roommate or have a room of his/her own?
- Who makes that decision?

What assistance/services are available?

- Will someone help with money, budget, and banking activities?
- Will there be assistance in cooking meals, cleaning the house, doing laundry?
- Will someone be available to transport to appointments and work/day program if necessary?
- Will someone be available to teach the transportation system?
- What is available in the neighborhood? Is the home close to parks, recreation, social activities, shopping, and employers?
- Does the home plan day outings or extended “vacations” for residents?

What are the rules of the house?

- Are there curfews?
- What about visitors?
- Boyfriends/girlfriends?
- Are there limits on phone usage?

What is the house like?

- Is the house accessible to individuals with physical disabilities?
- Is the home located in a neighborhood with access to community shopping and recreational activities?
- Is the home clean, roomy, and pleasing to the eye?
- Is there a room where all residents can socialize?

What about values of the family?

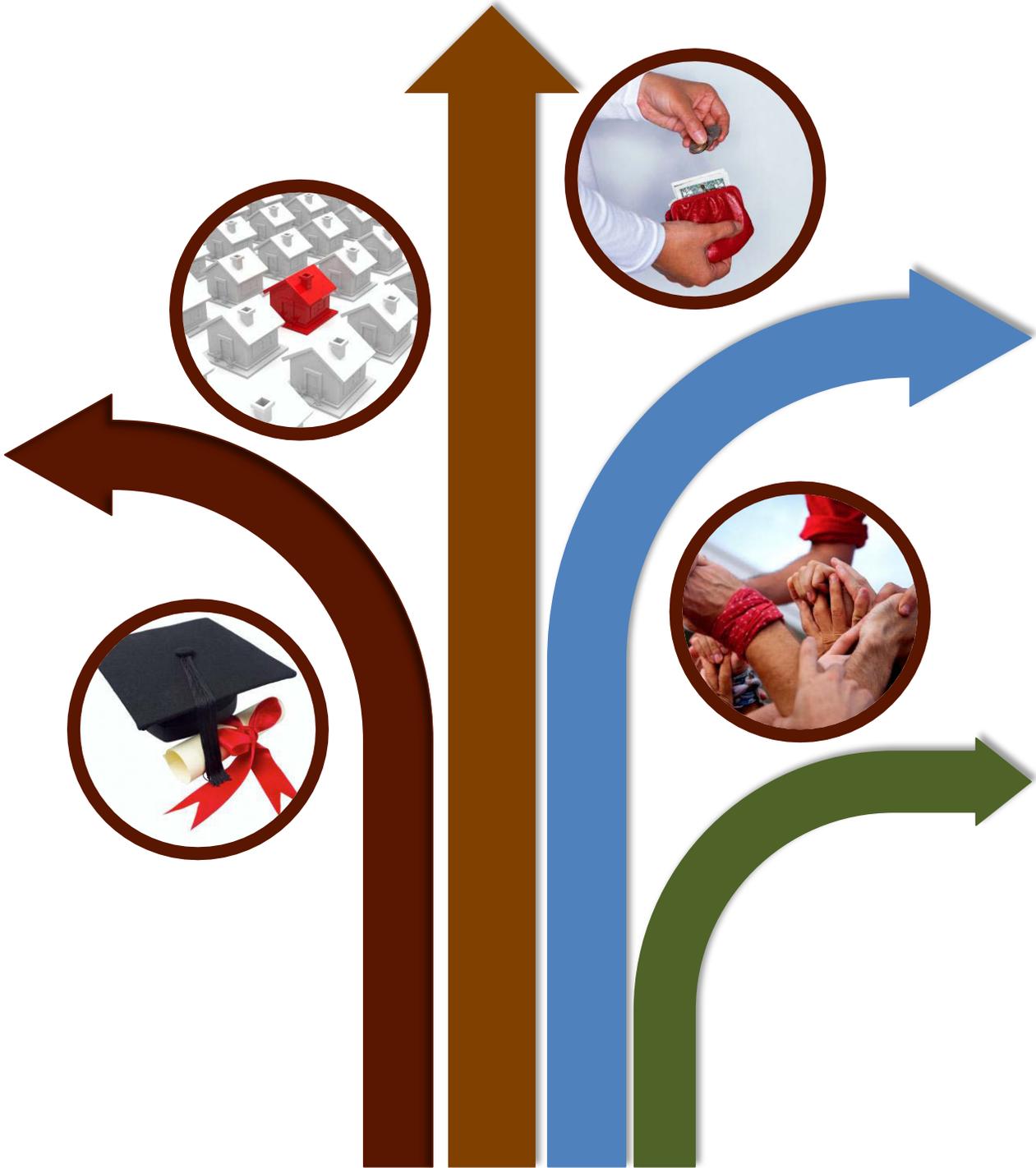
- Will someone be available to transport to religious services/classes?
- Will there be respect for cultural values?
- Will there be someone to talk to about problems?

Who are the people who staff the house?

- Are people certified to work there?
- What training is required in order to work in the home?
- How many people are “on duty” at the same time?
- Is someone there throughout the night?
- What is the male/female staffing pattern?
- Is there a high staff turnover?
- Is there a doctor or nurse on call or available for emergencies?

What are the costs?

- Who pays for room and board?
- What are the eligibility requirements for people to live there?
- How much money will be needed for personal expenses and entertainment?



Transportation

TRANSPORTATION

City of Riverside

Parks, Recreation And Community Services Department – Special Transportation

Special Transportation is a curb-to-curb ride share transportation service owned and operated by the City of Riverside. Services are limited to senior citizens (60+) and persons with disabilities, *which must be documented by a physician*. The program operates within the city limits of Riverside. Qualified individuals may purchase monthly punch cards for \$40 (20 one-way trips). Reservations for pick up can be made seven days in advance. Rides are booked in 15-minute time slots and Special Transportation may adjust the trip within one hour before or after the requested trip time. Persons making reservations must plan accordingly, realizing that Special Transportation is a shared ride, and other passengers may be picked up or dropped off throughout the route. Penalty points may be assigned for a passenger's failure to show up or cancel a ride in a timely manner, which may result in a temporary suspension of privileges.

Passes may be purchased online at: www.riversideca.gov/park_rec

8095 Lincoln Avenue, Building A
Riverside, CA 92504

Phone: (951) 687-8080

Riverside Transit Agency (RTA)

Dial-A-Ride

Dial-A-Ride is a curb-to-curb advanced reservation transportation service for seniors and persons with disabilities. Dial-A-Ride vehicles travel to areas within three-quarters of a mile of an RTA local fixed route. These areas are called the "Dial-A-Ride service areas" and trips must begin and end in that service area. If a trip starts or ends outside the service area, a person needs to find a safe place within the service area to be picked up and dropped off to be eligible for services.

www.riversidetransit.com

Riverside Special Transportation (951) 687-8080

Riverside Transit Agency (continued)

ADA Certification

In compliance with the Americans with Disabilities Act of 1990 (ADA), Riverside Transit Agency provides ADA Priority Service to anyone with a disability who cannot use the fixed route bus system. If a person has a disability that prevents use of a lift-equipped RTA bus some or all of the time, they may be eligible for Dial-A-Ride ADA Priority Service. Dial-A-Ride is a curb-to-curb, advanced reservation transportation service operating in parts of Western Riverside County. Service boundaries are any location within $\frac{3}{4}$ mile of a regular RTA fixed bus route. If a home or destination is beyond that, a person could be ineligible for service. Individuals are encouraged to verify that the home is within the Dial-A-Ride service area prior to applying for service.

Applying for ADA service is a two-step process. Both steps are necessary to complete the certification process.

1. Application completed for person applying for ADA service

Applications can be submitted on-line. It is important to complete all parts of the application before clicking the "submit" button. Applications that are not complete will be rejected, which will delay the eligibility process. If one is unable to complete the online application, an application can be completed manually. After completing the application, it can be mailed to:

Riverside Transit Agency
 ADA Certification
 P. O. Box 59968
 Riverside, CA 92517

Riverside Transit Agency
 1825 3rd St, Riverside, CA 92507
 Phone: (951) 565-5000

Questions about ADA services or policies:
 Phone: (800) 795-7887

2. Application for Riverside Transition Agency Disabled Identification Card

To receive a Disabled ID card, individuals must show a photo ID and present a disabled application form completed by a doctor or licensed health care professional, or *one* of the following as proof of disability:

- Medicare Identification Card
- Department of Motor Vehicles Disabled Person Placard Identification Card receipt
- Braille Institute Identification Card
- Disabled Veteran Service-Connected Identification Card
- Social Security Income Award Letter showing proof of disability

Medi-Cal cards will not be accepted. There is a \$2 fee for the Disabled ID card. Applications are available at the RTA business office or by calling the Customer Information Center.

Phone: (951) 565-5002

On-line Application:

http://www.riversidetransit.com/home/images/stories/DOWNLOADS/DAR_ADA/Disabled_ID_Application.pdf

Riverside Transition Agency (*continued*)

RTA Travel Training Program

The RTA Travel Training program is for people with disabilities and older adults who want to learn to travel safely and independently using public transportation. Travel training is a free, self-paced process where an individual, regardless of ability or age, can learn to ride RTA's fixed-route system. Individuals with physical, cognitive and visual disabilities who wish to gain travel independence and confidence can familiarize themselves with the RTA bus system. Time spent on training is based on the individual's need, and instructors will spend as much time as necessary to ensure that each person is comfortable traveling independently.

Travel skills training may include:

- Travel skills training may include:
- Identifying transportation options
- Reading maps and schedules
- Planning a trip
- Buying and using fare media
- Identifying the appropriate bus to ride
- Boarding, riding and exiting the bus
- Crossing the street
- Maintaining appropriate behavior
- Learning safety skills
- Handling unexpected situations or problems
- Planning for emergencies

Regional Center clients who have the possibility of traveling independently will be referred for travel training prior to Regional Center approval of any other transportation options. Contact RTA to start the process or speak to the Regional Center case manager.

RTA Travel Training (951) 565-5002

Metrolink

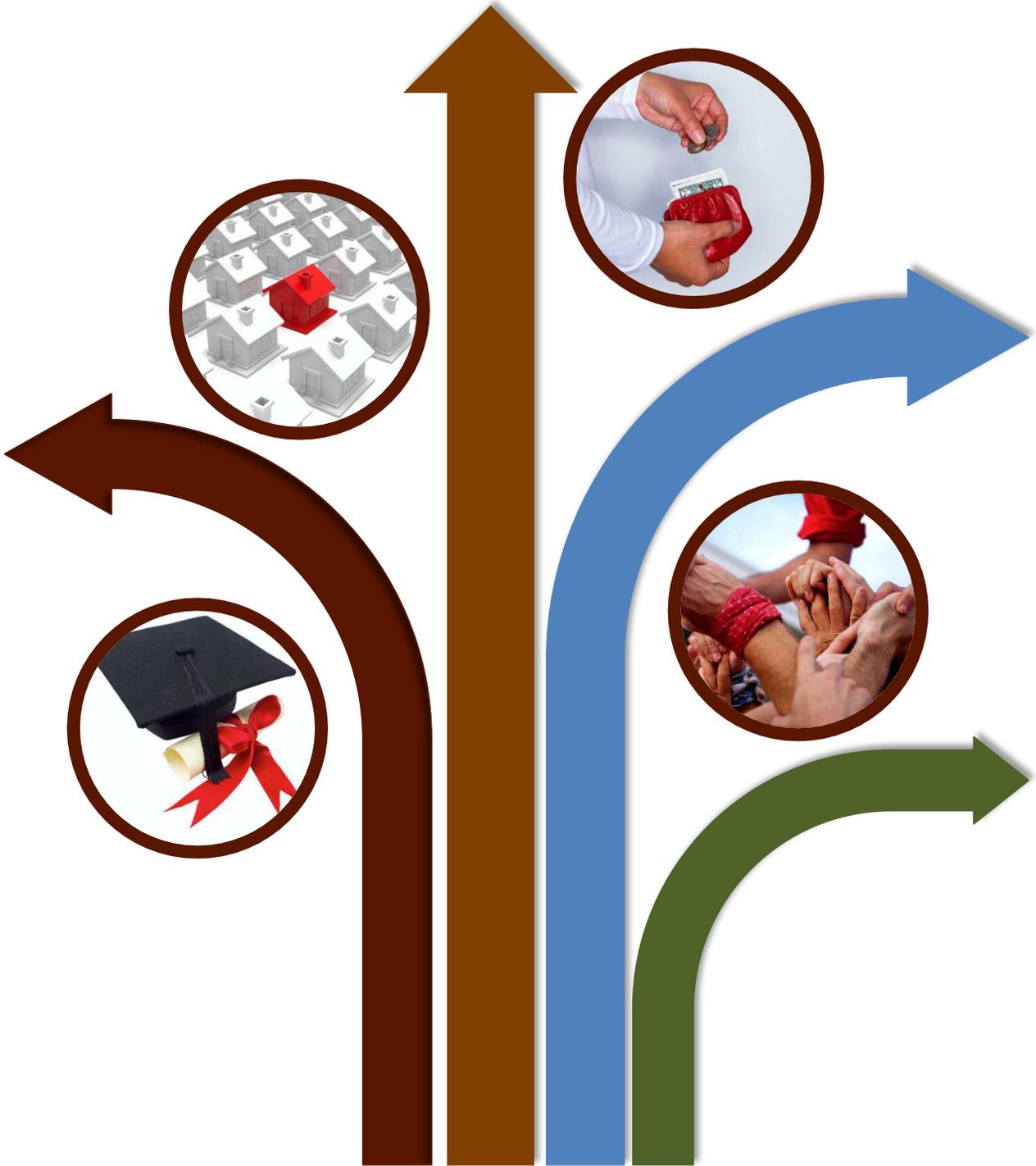
Individuals with disabilities (and seniors) may travel at reduced rates or even at no cost on the Metrolink rail system. Acceptable proof of eligibility includes:

- DMV placard ID
- reduced fare ID card from another public transit system such as the RTA
- Medicare ID (seniors)
- L.A. County Transit Operators Association ID card.

Individuals must show proof of eligibility upon request. One Personal Care Attendant (PCA) for a passenger with a disability may ride free when accompanying the disabled person.

L.A. County offers authorized Access Services ID card holders the ability to ride any Metrolink train free on all lines except for the Inland Empire Orange County Line (IEOC). (The IEOC line does not cross into L.A. County, and therefore the IEOC line is excluded from the program.) The L.A. County Transit Operators Association (LACTOA) Disabled TAP Card Program makes it easier for passengers with disabilities to qualify for reduced fares on all Los Angeles County transit operators (except Dial-a-Ride services).

www.metro.net (search for TAP program)
Phone: (213) 680-0054



**Activities &
Recreation**

ACTIVITIES & RECREATION

Riverside Parks and Recreation

6927 Magnolia Ave, 2nd Floor
Riverside, CA 92506

http://riverside.gov/park_rec/
Email: parks@riversideca.gov
Phone: (951) 826-2000

Friendly Stars

Friendly Stars is sponsored by the Riverside Parks, Recreation and Community Services Department. Friendly Stars is a social recreation program for developmentally disabled adults 18 and over. The program is held most Friday nights from 6:00 p.m. – 8:30 p.m. at Villegas Park. Individuals may register for six-month sessions. Activities are designed to encourage participants to interact with one another and with staff in a social and enjoyable atmosphere. Activities include arts and crafts, karaoke, movies, a weekly dance with music and one special event each month. Registration is limited and is accepted on a first come, first served basis with a charge of approximately \$65 for a six-month session. For more information, contact Villegas Park.

Villegas Park
3091 Esperanze Street
Riverside, CA 92504

Phone: (951) 351-6142

Special Olympics Southern California, Riverside

Special Olympics Southern California is a nonprofit organization that empowers individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. It is one of 52 Chapters within the United States and part of Special Olympics, Inc., which serves 3 million athletes in 180 countries worldwide. The mission of Special Olympics Southern California is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community. The vision of Special Olympics is to provide sports and training programs for individuals with intellectual disabilities who choose to participate, thereby improving their lives and the lives of everyone they touch.

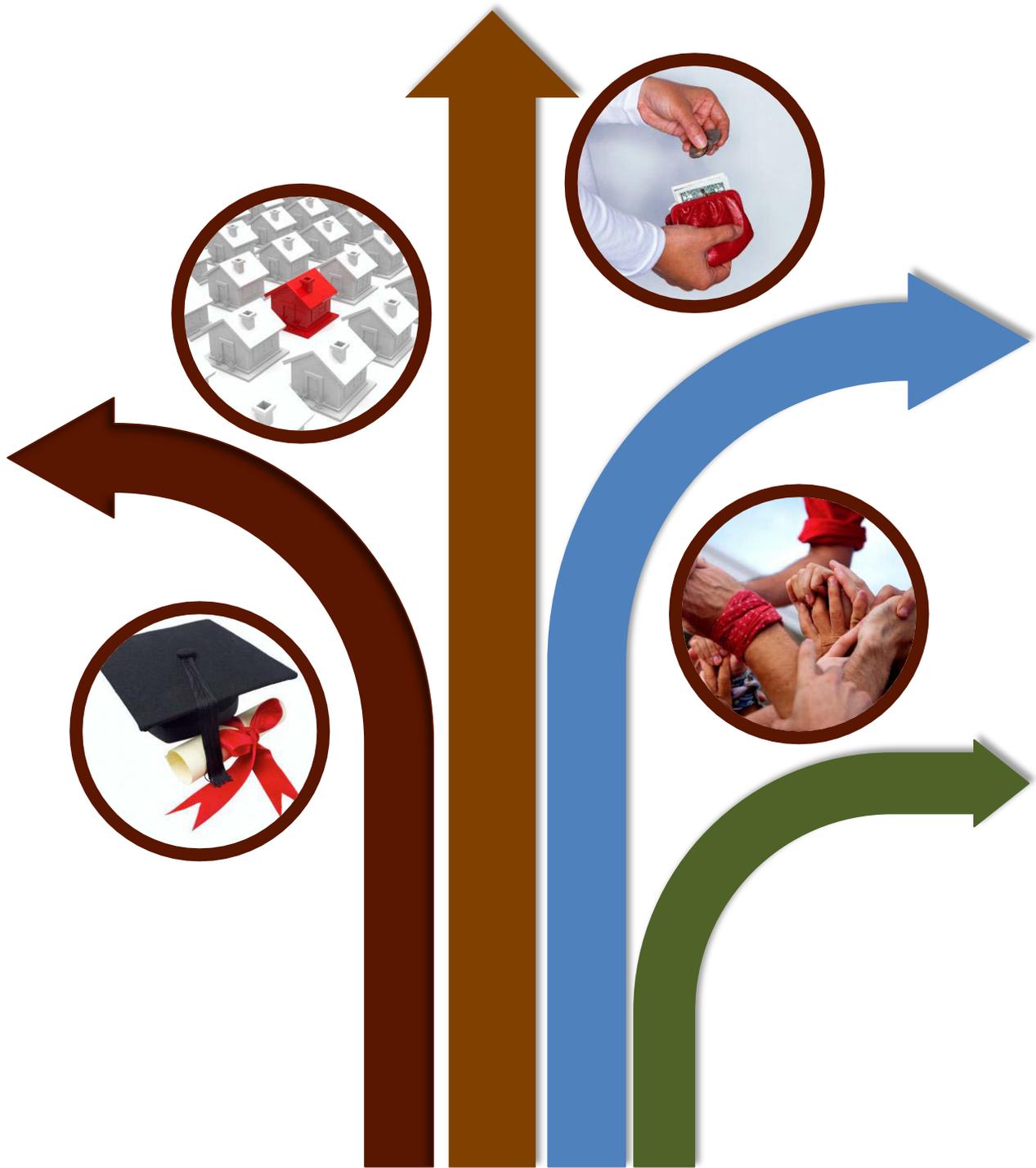
Special Olympics Southern California offers training and competition in 12 sports, divided into two sports seasons: Spring/Summer and Fall/Winter. During the spring and summer, athletes compete in athletics (track and field), aquatics*, basketball*, bocce*, golf, and gymnastics. During the fall and winter, athletes compete in bowling*, floor hockey*, soccer, softball, tennis, and volleyball.

* Sports currently offered through the Riverside organization.

www.sosc.org

John Webber, Area Director
jwebber@sosc.org
Phone: (951) 780-7672

Keith Nelson, Head Coach
knelson@vistem.com
Phone: (951) 788-9320



Legal Issues

LEGAL ISSUES

When some individuals reach adulthood at age 18, they may still need the assistance of another trusted person to help them make important legal, financial and/or medical decisions. The legal system has provided some different options in this matter. Freedom and civil rights are very important, so if there are any concerns about legal action, decisions about medical care, or decisions about finances that were taken by a person with a disability, families may need to contact an attorney or advocate.

Guardianship

In California, guardianship applies only to minors, persons under the age of eighteen (18) years of age. A guardian is the adult who is legally responsible for the needs of a minor. A person may only become a guardian in California by being appointed by the court.

Conservatorship

Conservatorship applies to an adult, a person eighteen (18) years of age or older. Conservatorship is a legal proceeding through the Probate Court in which an individual or agency (known as the “conservator”) is appointed by a court to be responsible for a person who needs assistance in activities of daily living (the “conservatee”). A conservator of the person must ensure that the conservatee is properly fed, clothed and housed. A conservator of the estate is responsible for managing the conservatee’s money and other property. One individual may serve as either conservator of the person or conservator of the estate or both.

A **general conservatorship** usually applies to all incapacitated persons who are not developmentally disabled. For example, this type of conservatorship would be available to assist an elderly person with Alzheimer’s. If the proposed conservatee is developmentally disabled, a **limited conservatorship** would apply. A limited conservatorship gives the conservator only certain specified powers, and allows the conservatee to retain rights that he/she is able to exercise. In this kind of conservatorship, the regional center would receive notice of the petition and would file an advisory report with the court on the appropriateness of the conservatorship. On occasion, a judge may grant a general conservatorship for a person who is intellectually disabled.

At the court hearing, a judge will decide what rights the prospective conservator will have. Because developmentally disabled individuals can usually do many things on their own, a judge may only give a limited conservator power to do things the conservatee cannot do without help. In a limited conservatorship the conservator may only be given the right to one or more of the following **seven** powers:

- Fix the disabled adult’s residence
- Access to confidential records and papers
- Enter into contracts on behalf of the disabled adult
- Give or withhold consent for most medical treatment
- Make decisions about education and vocational training
- Give or withhold consent to marriage
- Control social and sexual contacts and relationships

In the conservatorship process, an employee of the court, called a “court investigator” will interview the proposed conservatee and make a report to the court on the appropriateness of the conservatorship. Before the court will grant a petition for the appointment of a personal conservator, it must be shown that the proposed conservatee is unable to provide properly for his or her personal needs for physical health, food, clothing or shelter. A proposed conservatee must be notified of a petition and his/her right to attend the hearing and oppose the petition. Also, the proposed conservatee must be notified of the right to an attorney.

Conservatorship (*continued*)

Conservatorship is a legal process and can be costly because documents must be filed with the court (an approximate \$1,000 fee), an investigator is paid by the court, and a court appearance is necessary. Many families choose to hire an attorney to handle the process, while others utilize the services of a paralegal, which is less costly. Most families find that the process is challenging to complete without some sort of legal assistance.

This website provides additional helpful information:

www.scscourt.org/self_help/probate/conservatorship/conservatorship_limited.sht

Power of Attorney

A Power of Attorney is a written document giving one person the power to act as an “agent” for another person. To give Power of Attorney a person must be considered capable of understanding the document giving certain rights to another. Some legal experts feel that Power of Attorney can be used for disabled adults to give permission for another person to oversee their affairs (such as legal and medical) instead of conservatorship; others are of the opinion that a person with an intellectual disability cannot understand the document enough to know what they are signing.

Special Needs Trust

A “trust” gives a person or corporation (called a “trustee”) the right to manage or control property for the benefit of another person (called the “beneficiary”). Because individuals receiving SSI may not hold non-exempt resources in excess of \$2,000 beyond what is provided by SSI, many families choose to set up a Special Needs Trust in order to provide for future financial security for a person with a disability. A trust does not limit the beneficiary’s civil rights, personal freedom, or control over money and property that is not part of the trust.

Because a trust is a legal proceeding, most families choose to consult an attorney. Most attorneys charge a one-time fee for this service.

ADDITIONAL INFORMATION

Lawyer Referral Services

Riverside County Bar Association’s Lawyer Referral Service

4129 Main Street
Riverside, CA 92501

(951) 682-7520

The State Bar of California

180 Howard Street
San Francisco, CA 94105

(866) 442-2529 or 886-44-CA-LAW Toll Free
Phone: (415) 538-2250

CIVIC DUTIES

Jury Service

Jury service is mandatory for all citizens. Jurors' names are obtained from voter registration and Department of Motor Vehicle (DMV) records. Individuals who have a "physical or mental disability or impairment" which would render them incapable of jury service may be ineligible for service. A person with an intellectual disability may apply to the jury commissioner to be permanently excused due to the disability. A physician's letter documenting the disability as a permanent disability can be provided to the court.

If an individual with an intellectual disability has not gone through the above-mentioned process and receives a notice for jury duty, the individual can take the "Juror Response Form" to a physician who can sign the form indicating that the individual has a permanent disability. An individual may not be qualified for jury service due to being conserved. The Juror Response Form allows for one to check a statement that says, "I am now under conservatorship."

www.riverside.courts.ca.gov

National Voter Registration Act

The **National Voter Registration Act of 1993** (NVRA) also known as **The Motor Voter Act**, was signed into effect by President Clinton on May 20, 1993. The "motor voter" nickname came from the idea that most of the NVRA data was accumulated from applicants renewing or obtaining driver's licenses. The legislation required state governments to allow for registration when a qualifying voter applied for or renewed their driver's license **or applied for social services**. Individuals who applied for "agency based" needs such as food stamps, disability services and other social services were to be offered voter registration. The NVRA encourages people of all demographics to vote despite their socioeconomic situations and backgrounds. The intention of the legislation was to encourage greater access to voter registration for the citizens who needed further assistance registering to vote. In addition, the NVRA allowed for more accessible voter registration through mail-in and individual voter registration drives.

www.voteinfo.net

Riverside County Registrar of Voters
2724 Gateway Drive
Riverside, CA 92507

Phone: (951) 486-7200

U.S. Department of Justice
Civil Rights Division
950 Pennsylvania Avenue, N.W.
Voting Section - 1800 G
Washington, D.C. 20530

Selective Service

Who Must Register

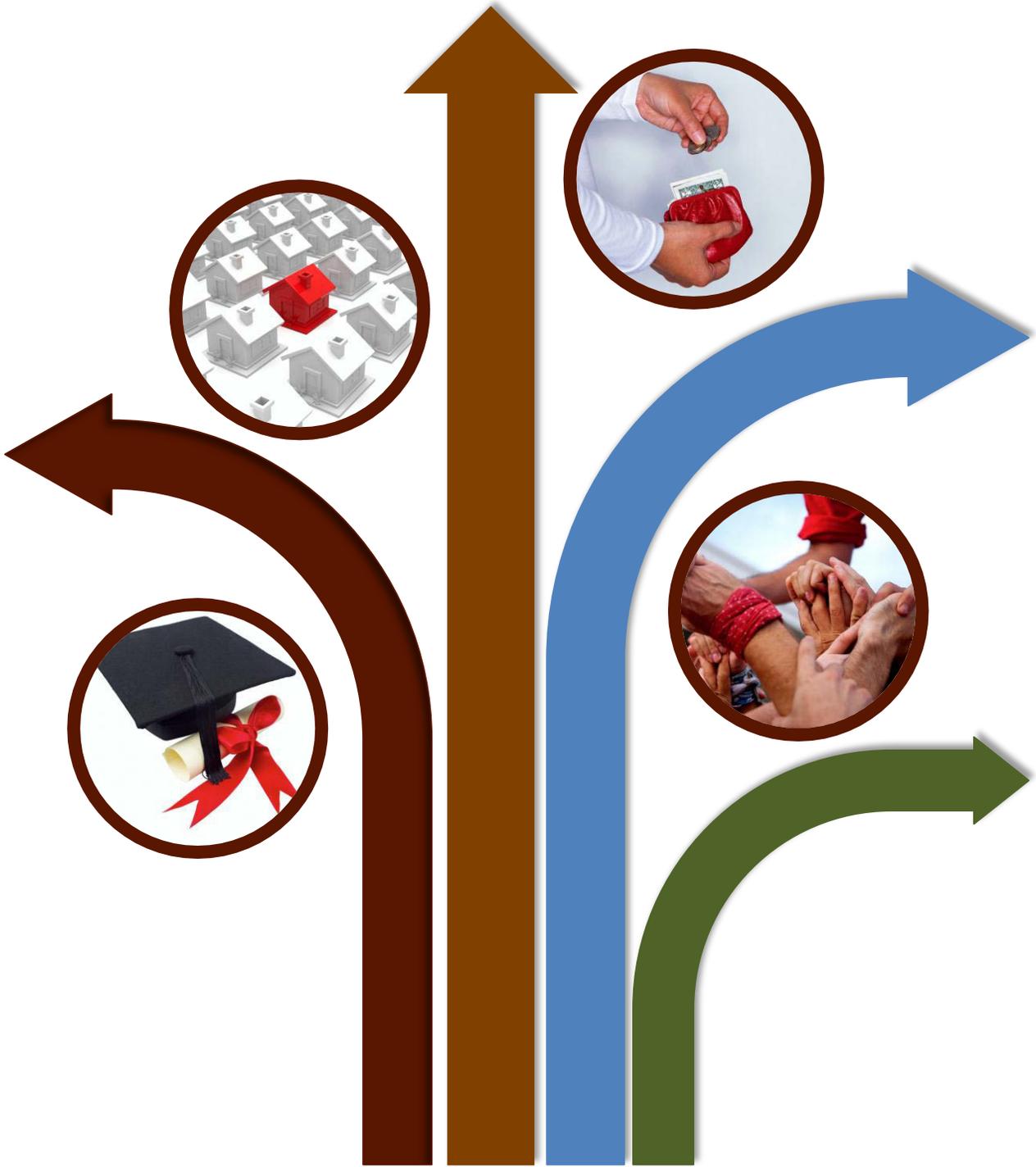
Almost all male U.S. citizens and male undocumented individuals living in the U.S. who are 18 through 25 are required to register with Selective Service. It is important to know that even though he is registered, a man will not automatically be inducted into the military. In a crisis requiring a draft, men would be called in sequence determined by random lottery number and year of birth. They would then be examined for mental, physical and moral fitness by the military before being deferred or exempted from military service or inducted into the Armed Forces.

Disabled Men

Disabled men who live at home must register with Selective Service if they can reasonably leave their homes and move about independently. A friend or relative may assist a disabled man fill out the registration form. Men with disabilities that would disqualify them from military service still must register with Selective Service. Selective Service does not presently have authority to classify men, so even men with obvious handicaps must register, and if needed, classifications would be determined later.

The Selective Service System
Office of Public and Intergovernmental Affairs
National Headquarters
Arlington, Virginia 22209-2425

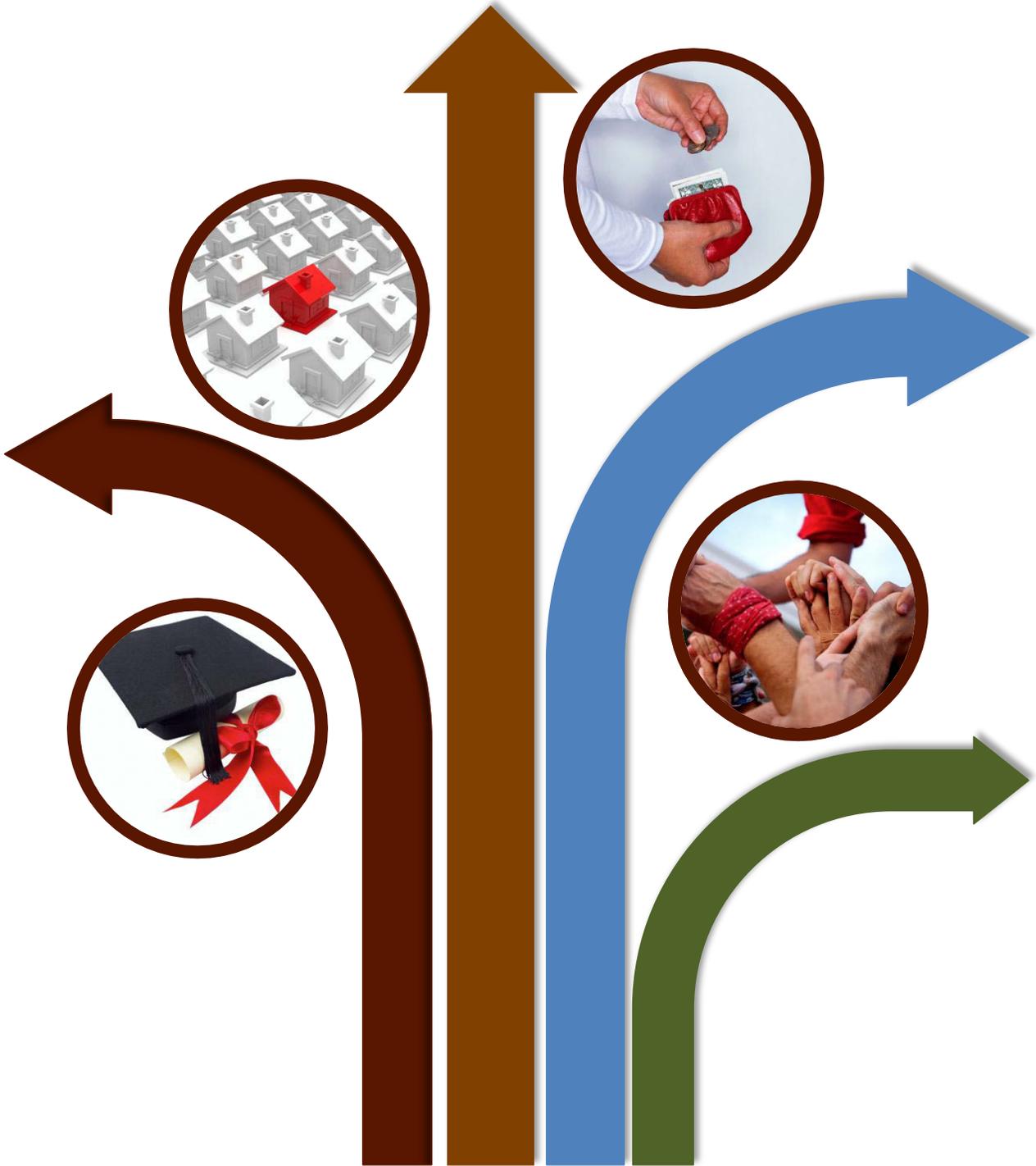
www.sss.gov
E-mail: information@sss.gov
Fax: (703) 605-4106



**Telephone Tips
& Family Notes**

TELEPHONE TIPS

1. Always have a pen and paper before calling any agency or service and keep information in a notebook such as this guide. Remember that agencies are busy and you may need to keep calling if a message is left and a return phone call is not received. One should document call attempts and messages left including dates and times.
2. Identify yourself; state your adult child's name. Remember that in some cases, people may want to talk to the adult you are claiming to represent.
3. State the reason why you are calling:
 - I'm calling for information about...
 - I would like an appointment for...
 - I was told to call your office by (name) from (agency)...
 - I am returning _____ (name's) call for because...
4. Be Prepared. Describe what you or your son/daughter needs and what services you think the agency can provide.
 - Ask if the agency has pamphlets or booklets that describe the services of the agency. Any written information is useful.
 - Have information available in case the person helping you may need it – such as insurance information, name of physician, health clinics or case managers, social security numbers.
5. Document the name of the person you speak with. Take brief notes of your conversation so that you may ask questions. If you do not understand what is being said, ask clarifying questions.
6. Follow-up:
 - Find out if and when you need to call back.
 - Let staff know times that are best for them to reach you.
 - Write down any appointments or office visits that you will need to make.
 - Double-check the address and business hours of the agency.
 - Find out what papers, documents or other information you will need before you contact the agency again or visit the agency.
 - If the agency is sending information to you, ask when you should expect to receive it.



Websites & Resources

RESOURCES

Riverside Unified School District Resources

Transition Information Web Site
www.rusdlink.org/earn

Local Resources

Area Board 12 (Advocacy)
 650 E. Hospitality Lane
 San Bernardino, CA 92408
 Phone: (909) 890-1630

Arlanza Family Health Center
 8856 Arlington Avenue
 Riverside, CA 92503
 Phone: (951) 353-2702

Blindness Support Services
 3696 Beatty Drive, Suite A
 Riverside, CA 92506
 Phone: (951) 341-9244

Commission on Disabilities
 (Advises City Council)
www.riversideca.gov/cod
 3900 Main Street
 Riverside, CA
 Phone: (951) 826-5439

Deaf/Blind Services
 5016 Mission Street
 San Francisco, CA 94112
 Phone: (415) 239-8089

Eastside Health Center
 1970 University Avenue
 Riverside, CA 92507
 Phone: (951) 224-8220

Emergency Food Program
 8778 Magnolia Avenue
 Riverside, CA 92503
 Phone: (951) 688-6630

Epilepsy Society
 2060 University Avenue, Suite 3207
 Riverside, CA 92507
 Phone: (951) 686-9183

Family Service Association
 6060 Magnolia Avenue
 Riverside, CA 92506
 Phone: (951) 682-8568

Housing Authority of Riverside County
 5555 Arlington Avenue
 Riverside, CA 92504
 Phone: (951) 351-0700

Inland Empire Health Plan (IEHP)
 Phone: (800) 440-4347

Inland Counties Legal Service
 1040 Iowa Avenue, Suite 109
 Riverside, CA 92507
 Phone: (951) 368-2555

Inland Regional Center
www.inlandrc.org
 1365 S. Waterman
 San Bernardino, CA 92408
 Phone: (909) 890-3000

Jurupa Family Care Center
 9415 Mission Boulevard
 Riverside, CA

Make-A-Wish
www.wish.org
 7030 Magnolia Avenue
 Riverside, CA 92504
 Phone: (951) 321-0179

Medi-Cal
 11060 Magnolia Avenue
 Riverside, CA 92505
 Phone: (951) 358-3400

Network Care of Riverside County
www.riverside.networkofcare.org

Local Resources *(continued)*

Peppermint Ridge
Adult Residential Facility
peppermintridge.org
825 Magnolia Avenue
Corona, CA 92879
Phone: (951) 273-7320

Poison Control
www.calpoison.org
EMERGENCY (800) 222-1222
Phone: (951) 688-0093

Riverside County Mental Health
9890 County Farm Road
Riverside, CA 92503
Phone: (951) 358-4840

Riverside County Office on Aging
www.rcaging.org
6296 River Crest Drive
Riverside, CA 92507
Phone: (951) 867-3800

Riverside Department of Motor Vehicles
www.dmv.ca.gov
6280 Brockton Avenue
Riverside, CA 92506
Phone: (800) 777-0133
&
6425 Sycamore Canyon Boulevard
Riverside, CA 92507
Phone: (800) 777-0133

Riverside Neighborhood Health Center
7140 Indiana Avenue
Riverside, CA 92504
Phone: (951) 358-6000

Volunteer Center of Riverside
www.connectriverside.org
2060 University Avenue 92507
Phone: (951) 686-4402

California Resources

The Arc of California
www.thearca.org

Braille Institute *(Los Angeles)*
741 N. Vermont Avenue
Los Angeles, CA 90029
Phone: (800) 663-1111

Braille Institute *(Rancho Mirage)*
70-251 Ramon Road
Rancho Mirage, CA 92270
Phone: (760) 321-1111

California Access Telephone Program (CTAP)
Phones for people having difficulty: seeing, hearing,
speaking, remembering, or moving.
6370 Magnolia Avenue, Suite 310
Riverside, CA 92506
Phone: (800) 806-1191
TTY: (800) 806-4474

California Department of Developmental Services
www.dds.cahwnet.gov/index.cfm

California Parent Outreach Resources for Families
www.parentoutreach.org

California Vision Project
2415 K Street
Sacramento, CA 95816
Phone: (916) 448-1423

CLIMB
climb-inc.com
Day and Residential Programs for the Blind
2300 W. Main Street
Alhambra, CA
Phone: (626) 289-5321

California Resources *(continued)*

Disability Rights
3580 Wilshire Boulevard
Los Angeles, CA 90010
Phone: (213) 427-8747

Disability Rights in California
www.disabilityrightsca.org
Phone: (800) 776-5746
TTY: (800) 719-5798

Junior Blind of America
5300 Angeles Vista Boulevard
Los Angeles, CA 90043
Phone: (323) 295-4555

Office of Civil Rights
Department of Health and Human Services
90 7th Street
San Francisco, CA
Phone: (415) 437-8310

Prader-Willi Foundation
514 N. Prospect Avenue
Redondo Beach, CA 90277
Phone: (800) 400-9994

Protection and Advocacy
www.pai-ca.org

Therapeutic Living Centers for the Blind
Day and Residential Programs for the Blind
www.tlc4blind.org
7915 Lindley Avenue
Reseda, CA 91335
Phone: (818) 708-1740

National Resources

Arc National Office
Phone: (800) 433-5255

Association for Persons in Supported Employment
www.apse.org

Autism Society of America
www.autism-society.org

Conservatorship Information
www.calregistry.com/resources/conservatorship.htm

Family Village
www.familyvillage.wisc.edu

The National Information Clearinghouse on Children
Who are Deaf-Blind
www.dblink.org

National Parent Network on Disabilities
www.npnd.org

State Board of Pharmacy, Department of Consumer
Affairs
400 R Street, Suite 4070
Sacramento, CA 95814
Phone: (916) 445-5014

United Cerebral Palsy Association
www.ucpa.org

